SPA by CuisinArt
Welcome to Spa by CuisinArt

Hours:
Spa Treatments 9am-7pm daily
Fitness Center 6am-8pm daily

Hours may vary - please contact the Spa.
General information:

- Guests are required to be a minimum of 16 years of age to access the spa facilities (locker rooms, steam rooms, healing waters pool, fitness center).

- Spa Reservations: We recommend scheduling spa appointments prior to arrival to better accommodate preferred times. For non-hotel guests, a credit card is required at the time of booking.

- Cancellation Policy: Spa treatments are reserved especially for you. Please notify us 24 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service fee. No shows will be charged 100% of the service fee.

- Facilities: Use of the spa facilities and amenities, including locker room, steam room, healing waters pool and relaxation lounge, is complimentary for in house guests. For all others, complimentary with spa services of $60 or more. Day use is also available without spa services for a daily access fee.

- Spa Gift Certificates are available.

- Visit our Spa Boutique for lifestyle products.
Enjoy your spa experience:

When Should I arrive for my treatments?
We recommend you arrive 30 minutes prior to your first appointment. This will allow time to change into your spa robe and sandals and become familiar with the facility and amenities.

What if I am late for my appointment?
Arriving late will limit the time allotted for your treatment. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will apply.

What should I wear?
You may wear whatever is comfortable. A robe and sandals will be provided during your spa experience. And while most spa treatments are enjoyed without clothing, our professional staff is trained to drape linens discreetly to protect your privacy at all times. We also advise that you to arrive to the spa without jewelry.

Should I shave before a treatment?
Shaving is not recommended prior to any body treatments or waxing services.

What if I have special health concerns?
To better accommodate you, please notify us if you have allergies, physical ailments, disabilities or if you are pregnant. This will enable us recommend treatments best suited for you and avoid any delay of your treatment.

Should I leave a gratuity?
A 10% service charge will be added to your service price. Additional gratuities are at your discretion based on your level of satisfaction.

Quiet Consideration
Our spa is a tranquil and relaxing space. Please extend quiet consideration to other guests and respect their privacy. We request that all cell phones be turned off in the spa.
Facial Escapes

**Organic Peel & Peptide Refresher**  
A stimulating resurfacing treatment that targets uneven skin and fine lines to reveal radiance and luminosity 25 min   $85

**Organic Clear Skin Radiance**  
Anti-inflammatory botanicals gently purify, detoxify and soothe problematic skin to reduce blemishes and enlarged pores 50 min   $135

**Organic Comfort & Calm**  
Potent plant extracts provide immediate relief for sensitive and rosacea skin types by calming irritation and alleviating redness 50 min   $135

**Marine Four Layer**  
Experience both cooling and thermal layers of pure marine extracts to tone and rejuvenate all skin types 50 min   $135

**Marine Age Defying**  
A five phase firming facial rich in peptides, enzymes and marine botanicals to transform mature skin 50 min   $135

**Organic Ultimate Age Corrective**  
Advanced LED light therapy to stimulate collagen is combined with clinically proven organic botanicals, resulting in a smooth, firm and refreshed complexion 80 min   $195
Massage Escapes

Customized  A customized massage with varying pressures and techniques based on your specific needs and preferences 25/50/80 min  $80/$135/$185

Warm Stone  Heated basalt stones melt away aches and pains while promoting deep relaxation 50/80 min  $145/ $195

Heated Bamboo  Warm bamboo stalks soothe tired and tense muscles while promoting circulation and lymphatic drainage 50/80 min  $145/ $195

Expectant Mother  Tailored for the mother-to-be and focused on areas of concern associated with pregnancy. (Can only be offered in second and third trimesters) 50 min  $135

Couple's  Share the experience of a customized massage side by side. 50/80 min  $270/ $370
Body Escapes

Selection of Scrubs  50min  $125 (with tropical rain vichy shower $145)
Caribbean Mineral Salt Glow  A blend of marine salts, refreshing mint and soothing aloe deeply cleanses and exfoliates to reveal smooth, glowing skin. Followed by a luxurious moisturizer application.
Tropical Anguillian Scrub  Choose your tropical exfoliation: sea salt or sugar with essence of mango or pina-colada for deliciously radiant skin. Followed by a luxurious moisturizer application.
Fresh Herb Body Polish  Customize your treatment by selecting from a sea salt or sugar scrub and a blend of fresh herbs from CuisinArt’s Hydroponic Farm. Followed by a luxurious moisturizer application.

Ask about our Boutique Blend Bar to create and customize your own take home scrub with local herbs and natural aromas $25 per product

Wraps

Thermal Mineral Body Wrap  A contouring treatment with stimulating essential oils and mineral rich seaweed to soothe aching muscles and firm the skin. Finished with an anti-aging body cream application. 50min  $130
Hydroponic Cucumber & Aloe Wrap  Cucumbers harvested from CuisinArt’s Hydroponic Farm are combined with aloe to provide deep hydration and instant relief from sunburn. Finished with a soothing body cream application. 50min  $130

Specialty Escapes

Thai Massage  Traditional healing techniques of gentle rocking, rhythmic pressure and assisted stretching. Please wear loose, comfortable clothing 50 min  $145
Reiki  The ancient Japanese practice of natural healing using gentle hands-on touch to channel life force energy to the recipient 50 min  $135
Cranio Sacral  Gentle, yet powerful techniques applied along the cerebral spinal pathway to relieve emotional and physical stress 50 min  $135
Reflexology  Ancient pressure point techniques on the feet that correlate to different parts of the body to promote overall well-being (not recommended during pregnancy) 25/50 min  $80/$135
Aqua Massage  Experience the ultimate relaxation as your therapist moves you through warm, healing salt water using gentle massage and stretching techniques. 50min  $160
Luxurious Escape Packages

**Soak & Glow**  Herbal Hydrotherapy Soak and Caribbean Mineral Salt Glow 80min  $180
**Smooth & Soothe**  Body Scrub and Customized Massage 80min  $210
**Top to Toe Rendezvous**  Customized Massage, Organic Refresher Facial, Conditioning Scalp Massage 80 min  $220
**Anguillian Water Journey**  Thermal Wrap, Aqua Massage 80min  $235
**Couple’s Time Out**  Private Jacuzzi Soak, Couple’s Massage, Champagne 80min  $375
**Couple’s Body & Sole**  Couple’s Massage and Spa Pedicure 100min  $385
**Couple’s Suite Treat**  Herbal Hydrotherapy Soak, Mineral Salt Glow, Couple’s Massage, Seasonal Fruit, Champagne 100min  $525

Salon Escapes

**Spa Manicure**  Nail shaping, cuticle care, moisturizing massage and nails buffed or polished to perfection 25min  $40
**Spa Pedicure**  Whirlpool foot soak, nail shaping, cuticle care, sea salt exfoliation, luxurious foot massage and nails buffed or polished to perfection 50min  $60
**Bio Gel Manicure**  Spa manicure with a healthier gel option void of the toxic ingredients typically found in gel polish. This long-wearing manicure will not dehydrate or weaken nails. 50min  $65
**Bio Gel Pedicure**  Spa pedicure with a healthier gel option void of the toxic ingredients typically found in gel polish. This long-wearing pedicure will not dehydrate or weaken nails 75min  $80
**Gel Polish**  $35
**Gel Removal**  $30
**Polish Change**  $25
**French Polish**  add on $10
**Nail Repair**  $5
**Acrylic Nails Full Set**  $100
**Acrylic Refills**  $50
**Acrylic Removal**  $40
Hair

Shampoo & Blow-Dry $50 & up
Ladies’ Cut & Blow-Dry $90 & up
Ladies’ Cut Only $50 & up
Shampoo & Set $75
Gentlemen’s Cut $40
Beard Trim $20
Bang Trim $15
Children’s Cut $35
Bridal/Special Occasion Up-Do Trial $100
Bridal/ Special Occasion Up-Do $100

French Braid $30
Cornrow- per braid with beads $7
Cornrow- per braid without beads $5
Conditioning hair treatment & scalp massage $45
Relaxer $75
Color Retouch Only $50
Color Retouch with Blow-Dry $100
Full Color Process with Blow-Dry $135

Makeup

Makeup Application $100
(Add false lashes $15)

Waxing

Brow Shaping $30
Lip or Chin $20
Underarm $40
Custom Bikini $40-150
Half Leg $60
Full Leg $100
Half Arm $45
Full Arm $65
Back or Chest $40-90
Abdomen $20-45
(Time and cost of waxing may vary based on coarseness/thickness of hair)

Personal Fitness Training

One on one training 25/50 min $60/$100
Partner training (2 persons) 50 min $160
Small group training (3 to 4 persons) 50 min $70 per person
Aqua personal training 50 min $125
Massage Enhancements $25 each

Heated Bamboo Tension  Heated bamboo stalks soothe tense muscles while promoting circulation and lymphatic drainage
Warm Stone Muscle Melter  Warm stones penetrate deep heat to alleviate tight muscles and stress
Therapeutic Muscle Balm  Deeply penetrating eucalyptus, peppermint, clove, arnica and ginger to relieve tension and soreness
Aloe Sun Soother  Soothing aloe gel to calm and soothe overexposed skin
Foot Revitalizer Scrub  Aromatic scrub to smooth and invigorate tired feet
Aromatherapy Wellness Blend  Restore body, mind and spirit with choice of essential oil blends: Rebalance, Mood Rescue, Detox

Facial Enhancements $25 each

Anti-Aging Eye Treatment or Rejuvenating Lip Treatment  Specially formulated exfoliation and masque treatment for these delicate areas to reduce signs of aging  (Eye and Lip duo $40)
Warm Bamboo Facial Massage  Specialized bamboo tools to relieve facial tension and improve skin tone

Combination Enhancements $25 each

Argan Oil Hair & Scalp Treatment  Marine mineral-rich argan oil deeply hydrates and nourishes hair and scalp
Youthful Hand Enzyme Treatment  Enzymatic Micro Peel to smooth, firm and tone hands
Paraffin Hand or Foot Treatment  Seals in moisture while relieving joint aches and pains
Intense Conditioning Treatment  Repairing hair mask to nourish and protect the hair from sun, styling and chemical damage