



# Welcome to Spa by CuisinArt



Hours:

Spa Treatments 9am-7pm daily

Fitness Center 6am-8pm daily

Hours may vary - please contact the Spa.



## General information:

- Guests are required to be a minimum of 16 years of age to access the spa facilities (locker rooms, steam rooms, healing waters pool, fitness center).
- Spa Reservations: We recommend scheduling spa appointments prior to arrival to better accommodate preferred times. For non-hotel guests, a credit card is required at the time of booking.
- Cancellation Policy: Spa treatments are reserved especially for you. Please notify us 24 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service fee. No shows will be charged 100% of the service fee.
- Facilities: Use of the spa facilities and amenities, including locker room, steam room, healing waters pool and relaxation lounge, is complimentary for in house guests. For all others, complimentary with spa services of \$60 or more. Day use is also available without spa services for a daily access fee.
- Spa Gift Certificates are available.
- Visit our Spa Boutique for lifestyle products.

# Enjoy your spa experience:

## When Should I arrive for my treatments?

We recommend you arrive 30 minutes prior to your first appointment. This will allow time to change into your spa robe and sandals and become familiar with the facility and amenities.

## What if I am late for my appointment?

Arriving late will limit the time allotted for your treatment. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will apply.

## What should I wear?

You may wear whatever is comfortable. A robe and sandals will be provided during your spa experience. And while most spa treatments are enjoyed without clothing, our professional staff is trained to drape linens discreetly to protect your privacy at all times. We also advise that you to arrive to the spa without jewelry.

## Should I shave before a treatment?

Shaving is not recommended prior to any body treatments or waxing services.

## What if I have special health concerns?

To better accommodate you, please notify us if you have allergies, physical ailments, disabilities or if you are pregnant. This will enable us recommend treatments best suited for you and avoid any delay of your treatment.

## Should I leave a gratuity?

A 10% service charge will be added to your service price. Additional gratuities are at your discretion based on your level of satisfaction.

## Quiet Consideration

Our spa is a tranquil and relaxing space. Please extend quiet consideration to other guests and respect their privacy. We request that all cell phones be turned off in the spa.





## Facial Escapes

**Organic Peel & Peptide Refresher** A stimulating resurfacing treatment that targets uneven skin and fine lines to reveal radiance and luminosity 25 min \$85

**Organic Clear Skin Radiance** Anti-inflammatory botanicals gently purify, detoxify and soothe problematic skin to reduce blemishes and enlarged pores 50 min \$135

**Organic Comfort & Calm** Potent plant extracts provide immediate relief for sensitive and rosacea skin types by calming irritation and alleviating redness 50 min \$135

**Marine Four Layer** Experience both cooling and thermal layers of pure marine extracts to tone and rejuvenate all skin types 50 min \$135

**Marine Age Defying** A five phase firming facial rich in peptides, enzymes and marine botanicals to transform mature skin 50 min \$135

**Organic Ultimate Age Corrective** Advanced LED light therapy to stimulate collagen is combined with clinically proven organic botanicals, resulting in a smooth, firm and refreshed complexion 80 min \$195

# Massage Escapes

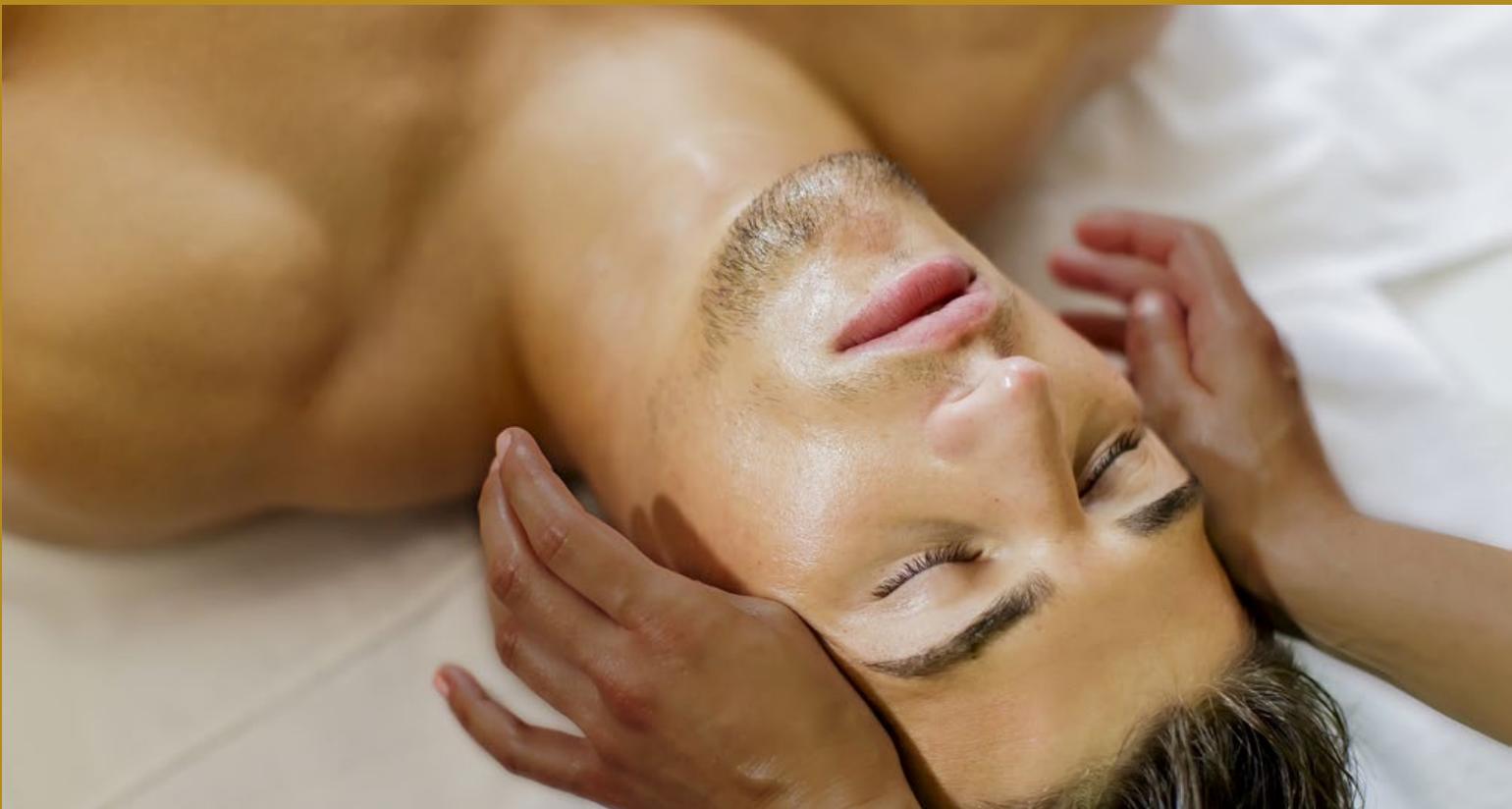
**Customized** A customized massage with varying pressures and techniques based on your specific needs and preferences 25/50/80 min \$80/\$135/\$185

**Warm Stone** Heated basalt stones melt away aches and pains while promoting deep relaxation 50/80 min \$145/ \$195

**Heated Bamboo** Warm bamboo stalks soothe tired and tense muscles while promoting circulation and lymphatic drainage 50/80 min \$145/ \$195

**Expectant Mother** Tailored for the mother-to-be and focused on areas of concern associated with pregnancy. (Can only be offered in second and third trimesters) 50 min \$135

**Couple's** Share the experience of a customized massage side by side. 50/80 min \$270/ \$370



## Body Escapes

**Selection of Scrubs** 50min \$125 (with tropical rain vichy shower \$145)

**Caribbean Mineral Salt Glow** A blend of marine salts, refreshing mint and soothing aloe deeply cleanses and exfoliates to reveal smooth, glowing skin. Followed by a luxurious moisturizer application.

**Tropical Anguillian Scrub** Choose your tropical exfoliation: sea salt or sugar with essence of mango or pina-colada for deliciously radiant skin. Followed by a luxurious moisturizer application.

**Fresh Herb Body Polish** Customize your treatment by selecting from a sea salt or sugar scrub and a blend of fresh herbs from CuisinArt's Hydroponic Farm. Followed by a luxurious moisturizer application.

Ask about our Boutique Blend Bar to create and customize your own take home scrub with local herbs and natural aromas \$25 per product

## Wraps

**Thermal Mineral Body Wrap** A contouring treatment with stimulating essential oils and mineral rich seaweed to soothe aching muscles and firm the skin. Finished with an anti-aging body cream application. 50min \$130

**Hydroponic Cucumber & Aloe Wrap** Cucumbers harvested from CuisinArt's Hydroponic Farm are combined with aloe to provide deep hydration and instant relief from sunburn. Finished with a soothing body cream application. 50min \$130

## Specialty Escapes

**Thai Massage** Traditional healing techniques of gentle rocking, rhythmic pressure and assisted stretching. Please wear loose, comfortable clothing 50 min \$145

**Reiki** The ancient Japanese practice of natural healing using gentle hands-on touch to channel life force energy to the recipient 50 min \$135

**Cranio Sacral** Gentle, yet powerful techniques applied along the cerebral spinal pathway to relieve emotional and physical stress 50 min \$135

**Reflexology** Ancient pressure point techniques on the feet that correlate to different parts of the body to promote overall well-being (not recommended during pregnancy) 25/50 min \$80/\$135

**Aqua Massage** Experience the ultimate relaxation as your therapist moves you through warm, healing salt water using gentle massage and stretching techniques. 50min \$160

## Luxurious Escape Packages

**Soak & Glow** Herbal Hydrotherapy Soak and Caribbean Mineral Salt Glow 80min \$180

**Smooth & Soothe** Body Scrub and Customized Massage 80min \$210

**Top to Toe Rendezvous** Customized Massage, Organic Refresher Facial, Conditioning Scalp Massage 80 min \$220

**Anguillian Water Journey** Thermal Wrap, Aqua Massage 80min \$235

**Couple's Time Out** Private Jacuzzi Soak, Couple's Massage, Champagne 80min \$375

**Couple's Body & Sole** Couple's Massage and Spa Pedicure 100min \$385

**Couple's Suite Treat** Herbal Hydrotherapy Soak, Mineral Salt Glow, Couple's Massage, Seasonal Fruit, Champagne 100min \$525

## Salon Escapes

**Spa Manicure** Nail shaping, cuticle care, moisturizing massage and nails buffed or polished to perfection 25min \$40

**Spa Pedicure** Whirlpool foot soak, nail shaping, cuticle care, sea salt exfoliation, luxurious foot massage and nails buffed or polished to perfection 50min \$60

**Bio Gel Manicure** Spa manicure with a healthier gel option void of the toxic ingredients typically found in gel polish. This long-wearing manicure will not dehydrate or weaken nails. 50min \$65

**Bio Gel Pedicure** Spa pedicure with a healthier gel option void of the toxic ingredients typically found in gel polish. This long-wearing pedicure will not dehydrate or weaken nails 75min \$80

**Gel Polish** \$35

**Gel Removal** \$30

**Polish Change** \$25

**French Polish** add on \$10

**Nail Repair** \$5

**Acrylic Nails Full Set** \$100

**Acrylic Refills** \$50

**Acrylic Removal** \$40



## Hair

Shampoo & Blow-Dry \$50 & up  
Ladies' Cut & Blow-Dry \$90 & up  
Ladies' Cut Only \$50 & up  
Shampoo & Set \$75  
Gentlemen's Cut \$40  
Beard Trim \$20  
Bang Trim \$15  
Children's Cut \$35  
Bridal/Special Occasion Up-Do Trial \$100  
Bridal/ Special Occasion Up-Do \$100

French Braid \$30  
Cornrow- per braid with beads \$7  
Cornrow- per braid without beads \$5  
Conditioning hair treatment & scalp  
massage \$45  
Relaxer \$75  
Color Retouch Only \$50  
Color Retouch with Blow-Dry \$100  
Full Color Process with Blow-Dry \$135

## Makeup

Makeup Application \$100  
(Add false lashes \$15)

## Personal Fitness Training

One on one training 25/50 min \$60/\$100  
Partner training (2 persons) 50 min \$160  
Small group training (3 to 4 persons) 50  
min \$70 per person  
Aqua personal training 50 min \$125

## Waxing

Brow Shaping \$30  
Lip or Chin \$20  
Underarm \$40  
Custom Bikini \$40-150  
Half Leg \$60  
Full Leg \$100  
Half Arm \$45  
Full Arm \$65  
Back or Chest \$40-90  
Abdomen \$20-45  
(Time and cost of waxing may vary based  
on coarseness/thickness of hair)

## Massage Enhancements \$25 each

**Heated Bamboo Tension** Heated bamboo stalks soothe tense muscles while promoting circulation and lymphatic drainage

**Warm Stone Muscle Melter** Warm stones penetrate deep heat to alleviate tight muscles and stress

**Therapeutic Muscle Balm** Deeply penetrating eucalyptus, peppermint, clove, arnica and ginger to relieve tension and soreness

**Aloe Sun Soother** Soothing aloe gel to calm and soothe overexposed skin

**Foot Revitalizer Scrub** Aromatic scrub to smooth and invigorate tired feet

**Aromatherapy Wellness Blend** Restore body, mind and spirit with choice of essential oil blends: Rebalance, Mood Rescue, Detox

## Facial Enhancements \$25 each

**Anti-Aging Eye Treatment or Rejuvenating Lip Treatment**

Specially formulated exfoliation and masque treatment for these delicate areas to reduce signs of aging (Eye and Lip duo \$40)

**Warm Bamboo Facial Massage**

Specialized bamboo tools to relieve facial tension and improve skin tone

## Combination Enhancements \$25 each

**Argan Oil Hair & Scalp Treatment | Massages, Body Treatments | Facials**

Marine mineral-rich argan oil deeply hydrates and nourishes hair and scalp

**Youthful Hand Enzyme Treatment | Facials, Manicures**

Enzymatic Micro Peel to smooth, firm and tone hands

**Paraffin Hand or Foot Treatment | Facials, Manicures, Pedicures**

Seals in moisture while relieving joint aches and pains

**Intense Conditioning Treatment | Hair**

Repairing hair mask to nourish and protect the hair from sun, styling and chemical damage

