



INDIGENOUS WELLNESS:

CuisinArt Golf Resort & Spa launches new spa concepts and expanded wellness programs to help guests get back to nature and into the island lifestyle



www.CuisinArtResort.com

Anguilla, June XX, 2019 – When it comes to islands for relaxation, Anguilla reigns supreme. Now, the island’s crown jewel hotel, CuisinArt Golf Resort & Spa, is offering expanded wellness programming and spa treatments to help guests relax, unwind and slow down to island time by embracing the beauty of Anguilla.

After sustaining a direct hit by Hurricane Irma, Anguilla is firmly on the rebound. The island is currently on the heels of its busiest winter season in more than 27 years, and first quarter arrivals for 2019 were the highest ever recorded. The response is clear: Anguilla is back and better than ever.

CuisinArt Golf Resort & Spa reopened November 2018 following a full restoration and interior redesign following Hurricane Irma. The resort’s former Venus Spa also received a little R&R of its own, reopening as the new Spa by CuisinArt. This 27,000-square-foot holistic haven features 16 treatment rooms, a dedicated Men’s Club Room, steam rooms and wet rooms, plus couples and VIP suites featuring outdoor showers and terraces. The spa also boasts a Healing Waters Pool with hydrotherapy and restorative soaks in healing, nutrient-rich mineralized saltwater.

Guests can chart a fully customized wellness journey from the spa’s diverse menu of treatments, which range from organic facials to body treatments delivered with cutting-edge skincare technology. Standout rituals include the Marine Four Layer Facial, which incorporates a sophisticated four-layer mask of marine extracts to soothe and rejuvenate skin; and a Heated Bamboo Massage with warm bamboo stalks rolled across the body to massage tired muscles, promote circulation and encourage lymphatic drainage.

Unique specialty treatments are also a focus, including Thai massage and Cranio Sacral therapy, as well as an Organic Ultimate Age Corrective Facial with clinically proven organic botanicals and advanced LED light therapy to stimulate

collagen. Several custom herb-infused scrubs and wraps, including the Caribbean Salt Glow and Tropical Anguillian Scrub Body Escape, are specifically designed to revive the skin after long days of sun and sand.

Guests can create their own soap, bath salts and body scrubs at the resort's Spa Blend Bar, featuring powerful fresh ingredients including lavender, rosemary and sage. This customization process is led with the help of the Spa by CuisinArt's knowledgeable staff, who can ensure guest's bespoke blended treatments meet their unique wellness needs before packaging the products for guests to take home.

Guests can unwind before and after treatments in the Relaxation room, complete with views of the sea and swaying palms, or book a head-to-toe spa day with skin, hair, nail treatments and makeup appointments in the spa's Rusk Beauty Salon, which also offers eco-conscious nail treatments and products by Repechage and Eminence Organics.

The Spa by CuisinArt also takes wellbeing beyond the treatment room with its Wellness Discovery Series featuring weekly workshops with engaging topics. For example, an indigenous Herbs workshop focuses on the uses and benefits Anguilla's locally-grown herbs, including a sampling of traditional bush tea. Additional workshops include custom fitness analyses, organic skincare savvy, office break yoga, and tropical flower crown creations with vibrant blooms plucked direct from the resort grounds.

Guests can also break a sweat outdoors with aqua cycling classes, yoga and SUP yoga, as well as a new Splash Pad Bootcamp. This new twist on the resort's popular beach boot camp ends with a refreshing cool-down at CuisinArt's new waterpark-style Splash Pad. Those who prefer a more traditional approach to staying in shape will delight in the resort's new Fitness Center outfitted with the latest Technogym equipment, including spin bikes with Technogym Cycle Connect for virtual spinning with an on-screen instructor.

The Spa by CuisinArt is open for treatments seven days a week from 9am to 6pm. Rates at CuisinArt Golf Resort & Spa start from \$550 based on double occupancy. For additional information, visit www.cuisinartresort.com or call 1-800-943-3210.

#

CuisinArt Golf Resort & Spa – Anguilla

Nestled in the crescent curve of Anguilla's Rendezvous Bay, CuisinArt Golf Resort & Spa is a five-star beachfront resort on the unspoiled Caribbean island of Anguilla. A luxury icon since opening in 1999, the resort recently made its triumphant return following Hurricane Irma with property-wide upgrades and enhanced golf, wellness, design and amenities. Holding true to its roots, CuisinArt Golf Resort & Spa offers luxurious beachfront accommodations and private luxury villas along Rendezvous Bay. The resort's instantly recognizable whitewashed architecture, inspired by the Greek island of Mykonos, creates a visually stunning contrast against sparkling turquoise waters of the Caribbean Sea beneath brilliant blue skies. The resort's crown jewels include the 18-hole Greg Norman designed golf course, the Spa by CuisinArt and world-class dining at five distinct restaurants. CuisinArt Golf Resort & Spa is a member of Leading Hotels of the World. For more information or to make reservations, please call (800) 943-3210 or visit www.cuisinartresort.com.

Resorts & Residences by CuisinArt – Anguilla

The Resorts & Residences by CuisinArt are located on the southern Caribbean coast of Anguilla, in the desirable West End. Upon entering the exclusive gated community, discover an oasis with two world renowned resorts- CuisinArt Golf Resort & Spa and The Reef by CuisinArt - and a selection of magnificent Estate Homes & Residences that present the opportunity to own your Resort experience. This exclusive Estate is replete with exceptional amenities such as magnificent beaches, fine dining at acclaimed restaurants, the award winning Spa by CuisinArt, tennis, fitness, watersports, the stunning 18-hole Greg Norman Signature Design Championship Course, all presented with a respect for sustainable luxury that maximizes guest comfort while protecting the cultural and natural heritage of Anguilla. Visit www.resortsandresidencesbycuisinart.com