

DEPARTURES

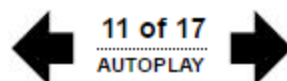
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The Best Spas In The Caribbean

By Krisanne Fordham



© CuisinArt Golf Resort & Spa



Venus Spa at CuisinArt Golf Resort & Spa, Anguilla

The Venus Spa at CuisinArt is a veritable temple of wellness, offering two levels of plush treatment rooms (16 in all), a luxurious couples suite with its own private rain shower, sprawling

hydrotherapy areas, and a mineral-rich Healing Waters heated pool abound. Here, guests can indulge in restorative thalassotherapy (sea water) treatments like the popular Caribbean Thalasso Wrap (\$145), which pairs a mineral soak with a warmed seaweed body wrap to tighten and tone skin and help increase the absorption of vitamins and minerals. *Specialty treatments from \$125; Rendezvous Bay; 264-498-2000; cuisinartresort.com. —KF*

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